

Fightcamp



2011

historical european martial arts

FightCamp 2011 Information Pack

Please read the following information carefully,
print and bring a copy to the event.

Welcome to the latest FightCamp event, brought to you by Schola Gladiatoria

The Marshals

This year's official on-site FightCamp team will be:

Paul Bennett	07890 532648
Matt Easton	07730 785794
Gavin Locke	07515 758680
Lucy Mattinson	07792 880971
Simon Thurston	07800 900003
Martin Wilkinson	07734 749924

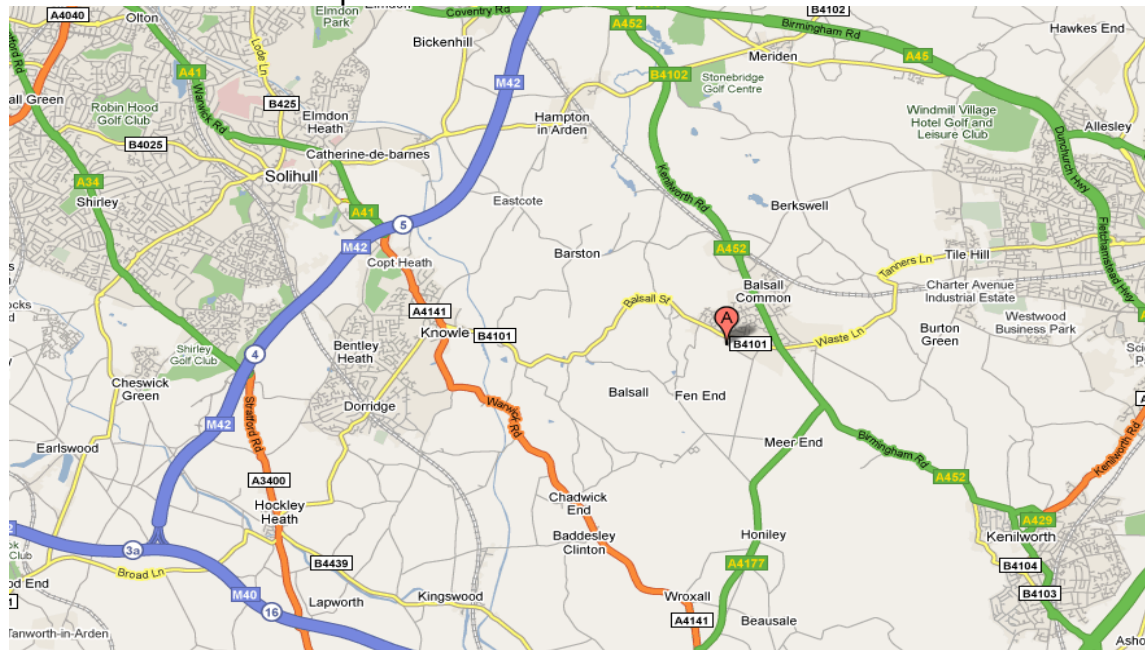
The Marshals are the event support staff and will be your first point of contact. They will be present during the day and in the evening, and you must respect any instruction they give at any point during the event. They will also be happy to assist with any questions or concerns that you may have.

FightCamp staff will be wearing a **red Marshal t-shirt**.

The Venue

FightCamp is held at The Grange, Frogmore Grange, Frog Lane, Balsall Common, CV7 7FP.

Please find below a map and directions to the site:



Directions by Road

From the North West & South East

Following the M6, exit at Junction 4.

Take the 3rd exit at the roundabout towards Coleshill on the A446.

Stay on the A446 passing under the A45. At the roundabout go straight over onto the A452. Follow the A452 into Balsall Common Village.

Follow the road straight on into the centre of the village where the shops are.

At the roundabout turn right onto Station Road (away from the Train Station)

Follow Station Road until you reach a T Junction. Turn left here and then immediately right into Frog Lane. The entrance to FightCamp is on the right hand side and will be clearly signposted.

From the North East

Following the M42, exit at junction 6 and take the A45 towards Coventry.

At the next exit leave the A45. At the roundabout take the 3rd exit onto the A452. Follow the A452 into Balsall Common Village.

Follow the road straight on into the centre of the village where the shops are.

At the roundabout turn right onto Station Road (away from the train station)

Follow Station Road until you reach a T Junction. Turn left here and then immediately right into Frog Lane. The entrance to FightCamp is on the right hand side and will be clearly signposted.

From the South West

Follow the M40 to exit with A46 / Coventry.

Follow the A46 and exit at the Leamington / Kenilworth Exit. At the roundabout take the first exit towards Kenilworth. Follow this road going straight over at the next island onto Kenilworth High Street.

At the next roundabout turn left and follow the road round past Kenilworth Castle.

Follow this road out of Kenilworth towards Balsall Common. At the traffic lights controlled crossroads turn left onto Balsall Street. Take the second exit on the left into Frog Lane. The entrance to FightCamp is on the right hand side and will be clearly signposted.

Directions by train

The site is approximately a 20-minute walk from Berkswell station. Follow station road up the hill past the station pub.

Continue following this road past the Brickmakers Arms, up into the centre of the village. Go past the shops and straight across the roundabout.

Continue up Station Road until you reach a T-junction. Bear left here onto Balsall Street and then cross the road.

Turn into the next road on the right, "Frog Lane". Please be very careful here as there is no public footpath. The Grange is on the right hand side and will be clearly signposted.

Please note that there is no taxi rank at Berkswell station. There is however a private hire firm in the village called Balsall Common & Meriden Cars, and they will collect from the station if you call them out. Their number is 01676 529222.

Registration and Signing In

Upon arrival, report directly to Reception. There will be a Marshal on the reception desk to sign you in during the day. If you arrive and the reception is not manned, phone one of the Marshals named above.

Our Marshals will have a list of registered attendees. Upon arrival at reception you will sign in and receive a wristband. **YOU MUST WEAR THIS AT ALL TIMES DURING THE EVENT.**

The Site

The Grange is located in a village. Please be respectful of the neighbours when entering and exiting the site.

Classes will be held outdoors in the grounds of The Grange and indoors in the Sports Hall.

There is no cash machine on site. Please remember to bring enough cash with you to buy food, drink and presents for yourself during the weekend.

There are no dogs allowed on site..

Camping

There is plenty of space for camping at The Grange. Only set up camp in the designated area, and leave the pathways clear. Please come fully prepared with what you will need, including a tent and a torch! Remember that even in summer, English weather can be highly unpredictable.

There will be a pre-designated area for a large camp-fire. Wood will be supplied, please do not harvest your own or light any separate fires.

You are welcome to BBQ your own food on a portable/disposable device, as long as your BBQ is raised above the ground.

Evening Entertainment

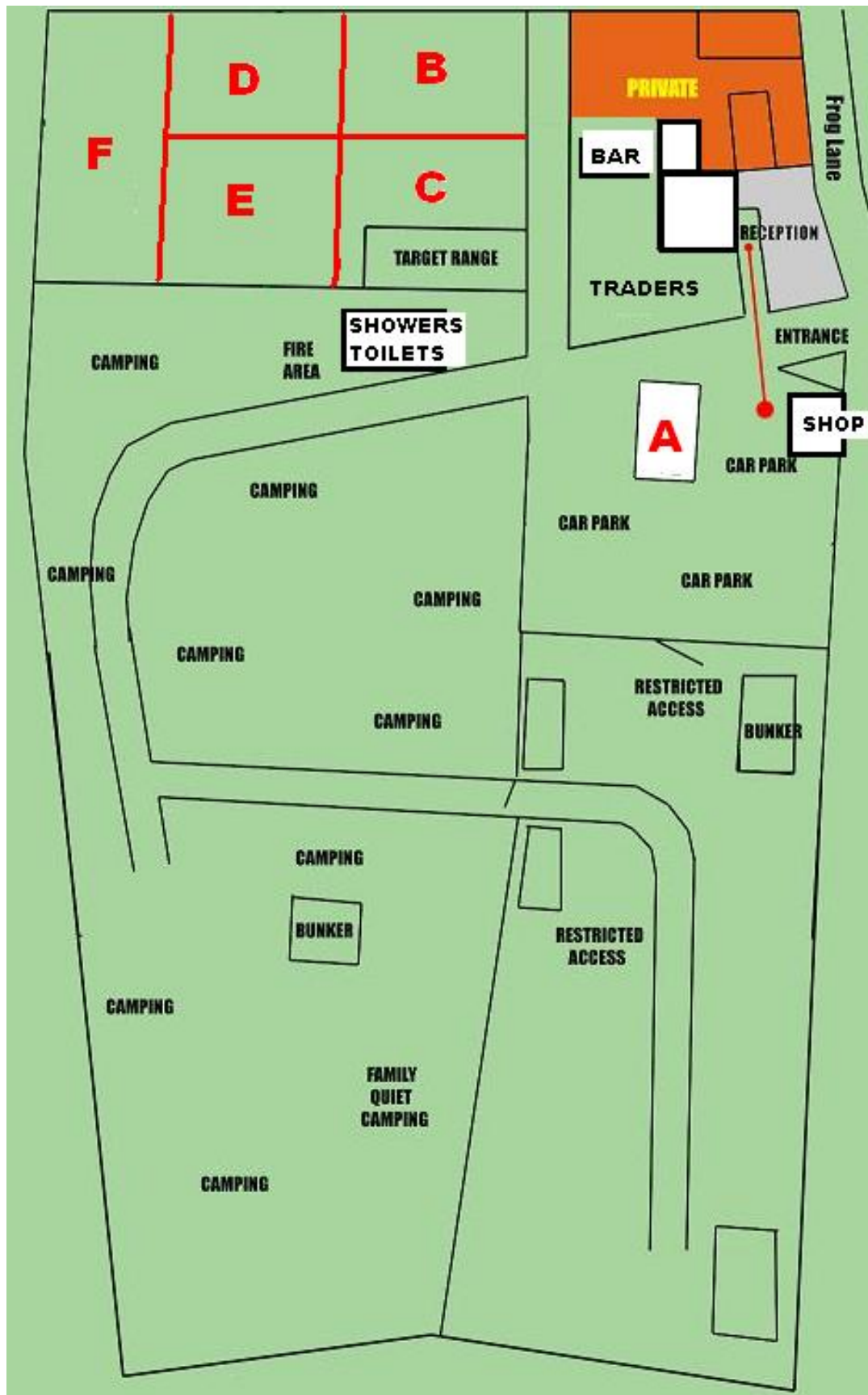
After classes have finished each day, the bar will open and attendees are free to socialise on site. You are welcome to bring instruments or gather around the camp fire.

Eating & Drinking

The Grange has an on-site café. Cooked breakfasts will be available in the mornings from 8.30am. Snacks and drinks will be available throughout the day, and the bar will open in the evenings.

You are very welcome to bring your own food and drinks to the site. If you do bring your own food, please dispose of your litter and waste responsibly.

Site Map



Classes

When you are in a class, listen to and respect the instructor.

All classes have a maximum limit of 40 students, unless otherwise specified by the instructor. Arrive on time to reduce the risk of being turned away due to the class reaching maximum capacity.

If you feel that another student in your class is behaving in a way that detracts the safety of themselves or others, please inform your instructor immediately. You are free to leave a class at any time, as long as it is safe to do so.

You are welcome to watch a class rather than physically take part.

If you would like to film a class, you must ask the instructor for permission beforehand.

Equipment

If you want to join a class, please try to bring appropriate equipment. If in doubt, ask the teacher of that class what you need beforehand. It will often be possible to participate with nothing more than an appropriately sized wooden pole (please don't use pine, as it is too brittle). Some instructors may have equipment available to borrow, but this will be in limited supply.

Do not in any circumstances borrow other people's equipment without asking their permission first.

Free Sparring

You are welcome to spar as much or little as you would like. Agree conditions before starting, and only do what you and your partner are comfortable with. Use appropriate protective clothing and weapons. Be aware of your surroundings, check that the equipment is in good condition, and whether there are other people close to you.

The Marshals may stop any bout or exchange at any point. If you are sparring someone and they ask you to stop, you will stop immediately.

Sparring Arena

There will be a marked out area for sparring – **Area F** on the site map. A Marshal will record the results of all **formal competitive** bouts in this area. Points will be awarded for wins (Glory) and for participation (Valour). At 1715 on Saturday, the tournament will end and prizes will be awarded for Glory, Valour and overall points total.

It will be possible for a single person to win all 3 prizes.

There must be a judge for each bout. The individual conditions and rule sets must be agreed in advance of the bouts. A "bout" will be deemed to start when combat begins and to stop when a winner emerges. In the case of a

draw or withdrawal through injury, no result will be recorded, although the bout will still count towards "Participation".

There will be strict rules in place in the sparring arena, for your safety and enjoyment. Marshals have the final say on safety issues.

Safety

Be careful whenever handling weapons, regardless of whether they are sharp or blunt. All weapons must be put away when the scheduled training sessions have finished, and before the bar opens. Your weapons are your responsibility. Make sure that you keep them safe and out of general view when not in use.

Wear appropriate safety clothing – put a fencing mask on when appropriate. If you injure someone then you are responsible, so protect yourself by being sensible when interacting with those around you.

If the organisers think that a person is endangering their own or other people's safety then they may eject that person from the site.

Make sure you drink lots of water whilst exercising, especially if the weather is hot.

Anyone caught drinking alcohol during training hours, or found or considered to be under the influence of or in possession of, any illicit or illegal substances at any time, will be removed without notice.

Illegal substances are just as illegal here as anywhere else. If you are caught with any illegal substance it will be confiscated, and the police will be informed.

If you get any cuts then wash them and cover them with a plaster or bandage as soon as possible. There will be a **First Aid point near the house** where First Aid equipment will be kept.

In case of an emergency during the evening, contact one of the Marshals or call the emergency services.

If you are concerned that a serious injury may have occurred, please do not delay in calling an ambulance (999), the first aiders on site are not doctors and will only have basic equipment.

Traders

We are pleased to welcome the following traders to this year's event.

Corsair's Wares

Martial arts, re-inactment and historical equipment

Historic Arts

Hand made wooden goods, including training weapons.

FightCamp

Official t-shirts and hoodies

The Grange

HEMA equipment, stocks Leon Paul, Hanwei/Paul Chen, Arms & Armor, and more

The Knight Shop

HEMA equipment, selling Hanwei, Windlass, MRL and their own brand of nylon sparring swords

Peter Regenyei

Swordmaker. Sharps, blunts and a new range of federschwert.

FightCamp, Schola Gladiatoria and their representatives do not endorse the traders present, and can not be held responsible for the outcome of any transaction between trader and participant.

FightCamp 2011 Tournaments

There will be three official tournaments this year:

- The Pas d'Armes (running tournament).
- The FightCamp Assault at Arms (backsword and sabre - nylons).
- The Eggleton Cup Tournament (medieval sidearms - nylons).

The Pas d'Armes will be held in the sparring arena (Area F). The other tournaments will be held in the hall (Area A).

Make sure you familiarise yourselves with the rules for tournaments before taking part in them – they are online at www.fightcamp.co.uk and have been for some time. Tournament organisers will be happy to answer any questions you might have.

Registration for tournaments will open during the event. Maximum numbers for the tournaments will be specified at that time.

Competitors are expected to provide appropriate equipment for themselves, unless otherwise specified. Nylon weapons will be provided for the Assault at Arms and Eggleton Cup.

Competitions will be conducted in a courteous and safe manner. Unsafe competitors or equipment will be removed.

FightCamp 2011 Programme

This programme only lists lectures, formal classes and workshops. You are welcome to engage in other activities away from the scheduled classes.

- Classes will be held in the areas indicated below
- Classes are limited to 40 participants, unless otherwise stated
- Warm-ups may not always be included in classes
- Arrive promptly for the start of classes
- If you arrive late, ask permission before joining in
- Bring appropriate equipment
- You are welcome to watch classes from a safe distance. If doing so, please do not disturb the lesson

AREA:	A (Gym Hall)	B (Field)	C (Field)	D (Field)	E (Field)	F (Sparring Arena)
6pm Thurs 18 Aug - FightCamp 2011 open for arrivals.						
Fri 19 Aug						
0830-0930	Breakfast					
0930-1000	Opening speech					
1000-1200	Magnus Hagelberg – 15 th /16 th C German Wrestling	Ben Kerr – 18 th C Highland Sword and Targe	Alan Knowles – Tactical Longsword	Martin Fabian – 15 th /16 th C German Messer	James Marwood – Pre-fight Psychology	Barriers (sparring arena) under Paul Bennett
1200-1300	Lunch					
1300-1500	Predrag Nikolic – 15 th /16 th C German Wrestling	Scott Brown - Dussack	Fabrice Cognot – 15 th C Italian Longsword	Wolfgang Ritter – 15 th C German Armoured Fighting	Mark Gilbert – Melee games	Barriers (sparring arena) under Paul Bennett
1530-1730	Roman Vucajnk – 16 th C German Dagger and Wrestling	Magnus Hagelberg – I.33 Sword & Buckler	Scott Brown – Longsword Drills For Beginners	Michael Thomas – 15 th C German Messer	Alwin Goethals – 15 th C German & Italian Dagger	Barriers (sparring arena) under Paul Bennett
1745-1845	TALK: Maarten Kamphuis – Fencing Sword Development					
1845-1945	TALK: Sian Pearce – UK Law & Martial Arts					
Sat 20 Aug						
0830-0930	Breakfast					
1000-1200	Martin Austwick – Fitness Training for Swordsmen	Carlo Parisi – Italian Street Dagger	Milo Thurston – English Smallsword	Martin Fabian – 15 th /16 th C German Longsword	Harry Winter – 15 th C German Sword & Buckler	Barriers (sparring arena) under Paul Bennett
1200-1300	Lunch					
1300-1500	Milo Thurston - Boxe Française	Fabrice Cognot – 17 th C French Rapier	Andreas Engstrom – 19 th C Swedish Sabre	Scott Brown – Longsword Drill for Advanced	Dave Rawlings – 14 th C German Sword & Buckler	Barriers (sparring arena) under Paul Bennett
1515-1715	Scott Brown – Sword & Buckler	Dave Rawlings – 17 th C Dutch Rapier	Colin Fieldhouse – Early-19 th C British Sabre	Robert Molin – 15 th C German Longsword	Mark Gilbert – Melee games	Barriers (sparring arena) under Paul Bennett. <i>Final slot before totals are tallied</i>
1730-1900	FightCamp Assault at Arms backsword/sabre run by Matt Easton.					

Sun 21 Aug						
0830-0930	Breakfast					
1000-1200	Martin Austwick – Circuit Training for Martial Artists	Reinier van Noort – Early- 17 th C Dutch Rapier	Andreas Engstrom – 15 th /16 th C German Longsword Grappling	Wolfgang Ritter – 15 th C Italian and German Dagger	Mark Gilbert – Melee Games	
1200-1300	Lunch					
1300-1430	The Eggleton Cup mixed weapons tournament run by Matt Easton.					
1500-1700	Martin Austwick – Early English Pugilism	Nick Thomas – Introduction to solo Italian Rapier	Keith Farrell – 15 th /16 th C German Longsword	Youval Kuipers – Fighting Multiple Opponents	James Marwood – Early-20 th C Police Truncheon	
1715	Official close and goodbyes.					
1715 onwards	You are welcome to stay until Monday and engage in casual training.					
Mon 22 Aug - Leave the site by midday.						

Classes by instructor (alphabetical surnames):

Martin Austwick (English Martial Arts Academy – UK)

- 1) Early English Pugilism (According to various sources)
- 2) Fitness Training for Swordsmen
- 3) Circuit training for martial artists

Scott Brown (Sword to Sword - USA)

- 1) Longsword Drills for Beginners and Intermediates
- 2) Mechanics for Training Sword and Buckler (I.33-based)
- 3) Dussack
- 4) Longsword Skill Development Drill for Advanced Practitioners Only

Fabrice Cognot (De Taille et d'Estoc – France)

- 1) 17thC French Rapier (According to Dancie)
- 2) Early-15thC Italian Longsword (According to Fiore dei Liberi)

Andreas Engstrom (Gothenburg Historical Fencing School – Sweden)

- 1) 19thC Swedish Infantry Sabre (According to Swedish regulations)
- 2) 15th-16thC German Longsword (Grappling & disarms from various sources)

Martin Fabian (Bratislava Fencing Group – Slovakia)

- 1) 15th-16thC German Longsword (Rush&Crush - Useful guide to Einlaufen)
- 2) 15th-16thC German Messer (To bind or not to bind? - various sources)

Keith Farrell (Academy of Historical Arts - UK)

- 1) 15th-16thC German Longsword (The use of low guards in German sources)

Colin Fieldhouse (Schola Gladiatoria - UK)

- 1) Early-19thC British Infantry Sabre (John Taylor's 10 lessons)

Mark Gilbert (Riddle of Steel – UK)

- 1) Melee games and tuition
- 2) Melee games and tuition
- 3) Melee games and tuition

Alwin Goethals (SwArta – Belgium)

- 1) The scissors and pommeldrag in 15thC German & Italian Dagger

Magnus Hagelberg (Gothenburg Historical Fencing School – Sweden)

- 1) 15thC German Wrestling (Throwing from various sources)
- 2) 14thC German Sword & Buckler (Defence and offence for your posy)

Ben Kerr (Academy of Historical Arts - UK)

- 1) 18thC Highland Broadsword & Targe (According to various sources)

Alan Knowles (Messengers Longsword Society – UK)

- 1) Tactical Longsword (Practical thinking in longsword fencing)

Youval Kuipers (Orde der Noorderwind – Netherlands)

- 1) From Flourish to Fighting Multiple Opponents (with longsword or arming sword)

James Marwood (Independent – UK)

- 1) Early-20thC Truncheon (According to various sources)
- 2) Pre-Fight Psychology

Robert Molin (Gothenburg Historical Fencing School – Sweden)

- 1) 15thC German Longsword (Introduction to Liechtenauer)

Predrag Nikolic (Zornhau – Germany)

- 1) 15th-16thC German wrestling (According to various sources)

Carlo Parisi (Independent – Italy)

- 1) Tuscan Italian street dagger (Tactics and techniques of dagger fighting)

Dave Rawlings (London Longsword Academy – UK)

- 1) 17thC Dutch Rapier (Introduction to Thibault's system)
- 2) 14thC German Sword & Buckler (Aspects of I.33)

Wolfgang Ritter (Zornhau – Germany)

- 1) 15thC Italian & German dagger (Freeplay drills based on various sources)
- 2) 15thC German armoured fighting, including spear/staff (According to various sources)

Nick Thomas (Academy of Historical Fencing - UK)

- 1) Introduction to Solo Italian Rapier

Michael Thomas (Academy of Historical Fencing - UK)

- 1) 15thC German Messer (A conversion course for longsworders)

Milo Thurston (Linacre School of Defence – UK)

- 1) Early-18thC English Smallsword (Sir William Hope; one and multiple opponents)
- 2) Early-20thC Boxe Française (According to Belle Epoque French sources)

Reinier van Noort (School voor Historische Schermkunsten – Netherlands)

- 1) Early 17thC Dutch Rapier (According to Pieter Bailly)

Roman Vucajnk (Academia artis dimicatoriae – Slovenia)

- 1) 16thC German Dagger & Wrestling (Techniques from Joachim Meyer)

Harry Winter (Dreynschlag – Austria)

- 1) 15thC German sword & buckler (Techniques from Lignitzer)